

GLADYS RODRIGUEZ

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—PROFILE—

Hardworking and enthusiastic college student pursuing a B.S. in Exercise Science. Dedicated to utilizing strong interpersonal and communication skills to contribute effectively as a dependable team member. Passionate about research, healthcare, and mentorship.

—EDUCATION—

Greenfield-Central High School

Aug, 2019–Jun, 2023

High School Diploma

- Ranked Top 10 in class
- GPA: 4.325

Indiana University, Indianapolis

Current student

B.S. Exercise Science

- Pursuing a bachelor's degree in exercise science
 - Pretrack for Physical Therapy
 - Dean's List (Fall/Spring 2023; Fall/Spring 2024)
 - Certification in Cupping Therapy
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—EMPLOYMENT HISTORY—

Rehabilitation Aide

Aug, 2025—Current

Athletico

Greenfield, IN

- Prepared patients for therapy sessions by providing equipment and support
- Educated patients on exercises and recovery techniques to provide correct form
- Supported administrative tasks, including scheduling appointments, payment processes, and taking phone calls
- Prepared patients for heat or ice therapy and massage therapy
- Maintained cleanliness and organization of treatment areas

Orthopedic Research Intern

Sept, 2024—Current

IUI (Orthopaedic Surgery Department)

Indianapolis, IN

- Safely handle live mice and specimen to collect samples for research purposes

- Conducted Literature reviews to support ongoing research projects and summarize key findings
- Assisted in data collection and analysis using statistical software to ensure accurate results
- Trained in staining, pipetting, and other wet lab procedures
- Prepared and presented data and studies at showcases

Student Lab Technician Assistant

Aug, 2023—May 2024

IUI (Department of Medical and Molecular Genetics)

Indianapolis, IN

- Relabeled and relocated biobank specimen samples
- Scanned samples into computer systems for research tracking
- Updated sample locations using Excel and OnCore software system
- Trained to use excel to organize biobank samples for research requests
- Trained in pipetting DNA samples and preparing specimens for extractions

— PROJECTS & EXPERIENCES —

Motor Activity Clinic Volunteer

Jan, 2025-Nov, 2025

IU Indianapolis

Indianapolis, IN

- Assisted kinesiology and occupational therapy students working with children with special needs
- Set up and organized equipment for motor skill development activities
- Ensured a safe and enjoyable environment for children in gym and pool activities

Life-Health Sciences Internship

2024-2025 Showcase

IU Indianapolis

Indianapolis, IN

- Presented Project: Sex Differences in Fibrotic Responses Following ACL Injury in Mice

Peer Tutor

Oct, 2022–May, 2023

Greenfield-Central High School

Greenfield, IN

- Tutored and mentored English Language Learners (ELL) in Spanish, French, and Mandarin
- Provided academic support in math, language arts, social studies, and sciences
- Translated educational materials to enhance comprehension
- Developed individualized lesson plans to track student progress

—SKILLS—

Technical Skills

- Proficient in FIJI and OnCore software
- Experienced in Excel for data organization and research tracking
- Trained in pipetting and specimen handling

Leadership and Coordination

- Group leader in mentoring junior high students
- Led an occupational therapy job shadowing session
- Guided group exercise sessions in a college class

Problem Solving and Adaptability

- Designed lesson plans for ELL tutoring despite language barriers
- Developed efficiency strategies for organizing biobank samples

Bilingual Skills

- Fluent in Spanish and English
- Provided translation services for Spanish, Mandarin, and French-speaking students

—REFERENCES—

- **Stephen Schelcht** (Supervisor)

IUI (Orthopedic Surgery Department Indiana university, School of Medicine)

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- **Ben Lofflin** (Supervisor)

IUI (Orthopedic Surgery Department Indiana university, School of Medicine)

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- **Amber Zendzian** (Clinic Manager)

Athletico

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